

Reasons I Don't Drink

And You Shouldn't Either

Reasons I Don't Drink

1. I don't want to become an alcoholic (drunkard). I know what happens to them...

In this life. Gen. 9:20–24; 19:30–38.

And the next. 1 Cor. 6:9–10; Gal. 5:19–21.

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2. I love my wife and children, so I don't want them to develop a drinking problem either.

I don't want to become a stumbling block to them (or anyone else). Matt. 18:6–7; Rom. 14:13.

My job to keep my family safe and provide the best spiritual environment possible.

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3. I may not develop a drinking “problem,” but alcohol can still harm me mentally and physically.

Medical studies, observations of others, study of the Scriptures.

Lev. 10:8–11; Prov. 20:1; 23:29–35; 31:4–5; Isa. 28:7–8.

Drinking and driving, drinking on the job.

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4. Speaking of drinking and driving, that's something I want to completely avoid.

“Love does no harm to a neighbor” (Rom. 13:10), so I don't want to put him in harm's way on the highway.

It scares me to think about killing someone because I was too impaired to think clearly or react properly.

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5. I worry, too, about alcohol's effect on my ability to resist temptation.

1 Pet. 5:8; Eph. 6:11; 1 Pet. 2:11.

Doesn't take much alcohol to lower my powers of resistance, and I don't want to give the devil the slightest advantage.

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6. It will hurt my influence on others.

To save as many people as possible (1 Cor. 9:19), I must preserve my influence for good.

Could I drink and still be the same “salt of the earth” and “light of the world”? (Matt. 5:13–16; Phil. 2:14–16).

“Who has woe? Who has sorrow? Who has contentions? Who has complaints? Who has wounds without cause? Who has redness of eyes? Those who linger long at the wine, those who go in search of mixed wine. Do not look on the wine when it is red, when it sparkles in the cup, when it swirls around smoothly; at the last it bites like a serpent, and stings like a viper.

Your eyes will see strange things, and your heart will utter perverse things. Yes, you will be like one who lies down in the midst of the sea, or like one who lies at the top of the mast, saying: ‘They have struck me, but I was not hurt; they have beaten me, but I did not feel it. When shall I awake, that I may seek another drink?’” (Proverbs 23:29–35).