

Matthew 11:28-30

Come to Me, all you who labor and are heavy laden, and I will give you rest. (29) Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. (30) For My yoke is easy and My burden is light.”

Matthew 11:28-30

Matthew 11:28-30 – The Heavy Laden

“All who labor and are heavy laden”

Isa 48:22 "There is no peace," says the LORD, "for the wicked."

Isa 59:2 But your iniquities have separated you from your God; And your sins have hidden His face from you, So that He will not hear.

Matthew 11:28-30 – The Heavy Laden

John 8:34 Jesus answered them, "Most assuredly, I say to you, whoever commits sin is a slave of sin.

There's anxiety, depression, fear, and doubt that are driven by a sinful life.

It's a life without direction and guidance, separated from God.

Matthew 11:28-30 – What Jesus Offers

Rom 5:10 For if when we were enemies we were reconciled to God through the death of His Son, much more, having been reconciled, we shall be saved by His life.

1 John 4:10 In this is love, not that we loved God, but that He loved us and sent His Son to be the propitiation (appeasement) for our sins.

Matthew 11:28-30 – What Jesus Offers

Eph 1:7 In Him we have redemption through His blood, the forgiveness of sins, according to the riches of His grace

Rom 8:1 There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit.

Matthew 11:28-30 – The Rest in Jesus

Where there is:

- Anxiety
- Depression
- Fear
- Doubt

Jesus Offers:

- Peace
- Joy
- Love
- Hope

John 11:25 Jesus said to her, "I am the resurrection and the life. He who believes in Me, though he may die, he shall live.

Matthew 11:28-30 – The Yoke is Easy

My yoke is easy and My burden is light.”



Matthew 11:28-30 – The Yoke is Easy

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1 John 5:3

For this is the love of God, that we keep His commandments. And His commandments are not burdensome.

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